



Executive Committee

Sheri L: Chair, **Brad G:** Vice-Chair, **Heather A.** (Secretary), **Erin M** (Treasurer), **Chris P** (Member-at-Large), **Valerie N** (Member-at-Large).

DPAC General Meeting Draft Agenda: Tuesday, November 17th, 6:30pm VIA Zoom

- 1. Welcome/Call to Order**
- 2. Review of the Agenda**
- 3. Minutes from the Previous Meeting**
- 4. Cole Levitt Presents: <https://depthsofcomfort.com/>**

An interactive, progressive and engaging class platform that uses:

- Language for stress
- Communication & Choice
- Kindness & Gratitude

To Decrease:

- School Stress & Anxiety
- Concerning behaviour (including bullying)

5. Old Business

- I. Bursary Committee** Update (Brad G.)
- II. Indigenous People's DPAC** Update (Val N.)
- III. Education for Parents:**

- **Documentary Screening: Screenagers Next Chapter: Uncovering Skills for Stress Resilience**

**Once you have registered for the session, you will receive a link to the presentation which will be available for viewing anytime between Thursday, November 26th to Wednesday, December 9th. There are only 300 links available for this session.*

Description

Filmmaker and physician Dr. Delaney Ruston takes the conversation around screens and teens to the next level with **Screenagers NEXT CHAPTER: Uncovering Skills for Stress Resilience** a film that examines the science behind teen's emotional challenges, the interplay of social media, and most importantly, what can be done in our schools and homes to help them build crucial skills to navigate stress, anxiety, and depression in our digital age.

What exactly is DPAC?

- DPAC stands for District Parent Advisory Council. We are the official parent voice for school District 73 (Kamloops/Thompson).
- Each PAC is encouraged to elect 2 DPAC reps to attend our monthly meetings.
- We elect an executive to conduct business between meetings, but our direction is determined by our members, just like at PACs.

What is the role of DPAC?

- Our mandate, according to the *School Act*, is to advise the Board of Education on any matter relating to education in the school district. We funnel parent input to decision-makers in our district.
- We facilitate communication — we send a lot of information out to the PACs on upcoming events and programs that might interest them.
- We provide training and education for parents, as well as opportunities for exchanging ideas. We host speakers as well as workshops and networking events.
- We function as a resource for individual parents and PACs as they do their work at the school level.



Trailer: <https://www.screenagersmovie.com/nc-trailer>

Register here to receive your link: <https://forms.sd73.bc.ca/Screenagers-NEXT-CHAPTER>

- **FoodSafe:** 10 DPAC paid certificates offered, not decided yet how to distribute.
- **Parenting in a Digital Age:** Carried forward from previous meeting.
- **Askable Adult:** Update (Erin)

IV. Future of Schools Committee (Chris)

V. Zoom Licenses Update (Erin M.)

VI. Electronic Submission of PAC Contacts for 2020/2021 School Year (Sheri)
Have received information that contacts should be submitted to the DPAC in approximately a week's time.

6. New Business

- I. **Covid-19 Planning:** Fraser Valley they are now closing 3 schools, Montreal is considering an extended winter break because they have now said students are a driving force in infections. We continue to hope for the best in sd73, but what pre-planning continues behind the scenes both in the district and in the province?
- II. **Drugs:** Westsyde secondary sent a couple grade 8 kids to emergency this week after they felt unwell after consuming something called "laced", which is purposely contaminated Marijuana. What kind of Education is being prepared (science/health-based, NOT law-enforcement based like Project EDGE) to tackle the ongoing issues of drugs and vaping?
- III. **Winter:** In overcrowded schools during these difficult times, how can we keep kids safe while they have to have their breaks inside during the winter? Last year we had multiple days where it was colder than minus 15 and the kids had to stay inside. Are schools sharing what worked for them to help other schools? How can we as parents help?
- IV. **SOGI:** How is SOGI being implemented? How do they ensure schools have a SOGI rep? What do those reps do? What training have reps, teachers and admin received about SOGI? What are the districts plans and goals around SOGI? How do classrooms look different with SOGI being introduced?
- V. **DPAC Executive – Call for members** (Heather): We have a duty to provide “opportunities for parents to learn about public education, define and explore issues, and build understanding among people with diverse backgrounds and views” (bccpac.bc.ca). An executive team of 6 in this very large populous is not necessarily giving us the best prospective of diversity within our district and may not be gaining the full picture of parent concerns or requests.

7. Reports

- I. **Treasurer Report**
- II. **Superintendent Report**
- III. **Trustee Report**
- IV. **KTTA Report**



8. Other Correspondence
9. Other Business
10. Adjournment