

Free Anxiety Seminar



www.anxietybc.com

The F.O.R.C.E.
Families Organized for Recognition & Care Equality
Society for Kids Mental Health



As families, we've been there

www.bckidsmentalhealth.org

604.525.7566

info@anxietybc.com

**Kamloops February 12, 2009
Foresters Convention Centre
1250 Rogers Way, Ballroom "C"
7:00 - 9:00 PM**



Is your child or teen affected by:

**Avoiding School, Panic Attacks, Missed Opportunities,
Crying, Tantrums, Withdrawn, Clinging, Stomach Aches**

Parents, Caregivers and Counselors Will Learn from a Psychologist
and a Parent with personal experience:

- How to recognize anxiety
- Home management tools to help reduce anxiety

AnxietyBC and the F.O.R.C.E. are proud to present a family skill building seminar focused on anxiety disorders in children and youth. If you or someone you know would benefit from this seminar we invite you to attend.

No registration is required for this FREE event..

Just show up early to avoid being disappointed !

If this event would benefit you, a family member, or a friend please call us, send us an email, or visit our website for more details

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ADABC and F.O.R.C.E. are members of the BC Partners for Mental Health and Addictions Information which is funded by the Provincial Health Services Authority (PHSA).